



**1080 WEST PATRICK STREET #4 FREDERICK
MARYLAND 21703**

301-898-2404

ELAFRIKCUISINEANDBAR.COM

Appetizers

SAMOSA	\$5.99
AFRIK CHICKEN WINGS	\$10.95
ACCRA K'D Well-Seasoned and fried Cuttle fish with sauce to your perfection	\$12.99
KELEWELE Fried yellow plantains seasoned with rich natural spices	\$7.99
SHRIMP KHEBAB Shrimp marinated in Suya, ginger, garlic, and natural herbs grilled to perfection	\$9.99
ABOTSI SUYA (BEEF, CHICKEN) Chicken or Beef marinated in Suya, ginger, garlic, and natural herbs grilled to perfection	\$10.99
DOMEDO Pork seasoned with Suya and natural flavorful spices	\$10.99
PIE (BEEF OR CHICKEN)	\$6.99



Entrees

SPECIAL JOLLOF RICE White rice cooked in rich and savory tomato sauce seasoned to perfection with your choice of beef, chicken, or fish (goat extra \$2)	\$23.95	ZONGO RICE AND STEW Rich and savory tomato stew infused with rich authentic spicesand seasoning, with choice of goat meat beef, boiled egg, and fish, paired with white rice and choice of salad	\$21.99
ASSORTED JOLLOF PARADISE Vibrant jollof rice mixed with chopped bell peppers, onions, scallions, with proteins (chicken, beef, and shrimp optional)	\$25.99	FRIED YAM AND TSOFI OR FISH Bite sizes fried yam paired with hot sauce with choice of seasoned fried turkey tails, fish, or turkey wings	\$20.95
ZONGO WAAKYE Cooked black eyed peas and white with sorghum leaves paired with our rich and savory tomato stew and shito with your choice of beef, goat, fish, or chicken. <i>(goat extra \$2)</i>	\$24.95	PALM NUT SOUP Rich African Palm Nut cooked with fresh tomatoes, onions, peppers with your choice of protein (Goat, Beef, Fish, or Chicken) served with Fufu, Rice, Banku, Omo Tuo (rice balls), pounded yam or Kenkey	\$23.95
SPINACH STEW Chopped spinach cooked in oil with onions, peppers, with natural African Egusi and spices. Paired with white rice, plantains, boiled yam, banku, Eba, pounded yam or kenkey	\$22.99	PEANUT BUTTER SOUP Unsweetened creamy peanut paste made with fresh tomatoes, onions, peppers, and flavorful African spices with choice of protein (Goat, Beef, Fish, or Chicken) served with Fufu, Rice, Omo tuo (rice balls), pounded yam, Banku, or Kenkey	\$23.95
FRIED CROAKER FISH AND PEPPER SAUCE Well-seasoned and fried croaker fish and blended peppers, onions, and tomatoes <i>(with your choice fried yam, attieke, banku, Eba or kenkey) (optional shrimp for additional \$5.99)</i>	\$22.99	LIGHT SOUP Tomato based soup flavored with onions, peppers, and natural spices with your choice of protein (Goat, Beef, Fish, or Chicken) served with Fufu, Rice, Banku, or Kenkey	\$22.95
GRILLED TILAPIA AND PEPPER SAUCE Seasoned tilapia with natural spices grilled to perfection and blended peppers, onion, and tomatoes <i>(with your choice of fried yam, attieke, banku, Eba,or kenkey)</i>	\$25.99	BLAZING RIBS Tender ribs marinated and perfectly seasoned baked to perfection with a juicy bite, paired with French fries, or fried yam.	\$21.99
RED SNAPPER AND PEPPER SAUCE Seasoned red snapper with natural spices grilled to perfection and blended peppers, onion, and tomatoes <i>(with your choice of fried yam, attieke, banku, or kenkey)</i>	\$29.99	GRILLED MEENAMA LAMB Seasoned grilled lamb with your choice of jollof, white rice, or fried yam	\$25.99
OKRA STEW Freshly grated and sliced okra cooked in flavorful palm oil stew paired WITH YOUR <i>(CHOICE OF BANKU, EBA, POUNDED YAM)</i>	\$23.99	ANGWAMOO SPECIAL Braised rice sautéed with onion in oil with red, or green hot sauce, shito paired with vegetable omelet, and choice of fish, turkey (extra 5.99)	\$17.99
RED RED AND FRIED PLANTAIN Black eyed peas cooked in palm oil with tomatoes, onions, with authentic seasoning. Paired with your choice of fried yellow plantains or white rice. Add your choice of protein for extra charge	\$20.99		
BANGER LAMB CHOPS AND STEAMED CABBAGE Well-seasoned Lamb Chops Pan Seared and infused in garlic and rosemary with your Choice of mashed potatoes, jollof, white rice	\$29.99		

Side Orders

FRIED YELLOW PLANTAIN	\$6
WHITE RICE	\$5
SALAD (HOUSE, CEASER)	\$8
Ghana Salad	\$12
FRIED YAM	\$7
BANKU	\$4
KENKEY	\$4
FRENCH FRIES	\$4
Jollof rice	\$8
Waakye	\$8
Omo tuo (Rice balls)	\$5
Pounded Yam	\$6



KIDS MENU

Chicken Tender and Fries \$6.99

Desserts

Mango Mousse	\$6
Tres Leche	\$6
Chocolate Fudge	\$5
Orio Mouse Cake	\$6

Drinks

NON-ALCHOLIC BEVERAGES

Pink Lemonade	\$4
Coca Cola	\$4
Ginger Ale	\$4
G-H-A-N-A	\$8
Cold brew hibiscus tea, simple syrup, pineapple juice, ginger beer, lime juice, ice, and lime wheel(4cut)	
Ginger Drink	\$4
Pineapple Drink	\$4

BOTTLES

CORONA	\$6
HEINEKEN	\$7
GUINNESS	\$8
BUD LIGHT	\$5

WINE

CHARDONNAY	\$9.99
MOSCATO	\$8.99
CHAMPAGNE	\$25
PINO NOIR	\$10.99
RED BLEND	\$8.99
CABERNET	\$9.99

HAPPY HOUR

M-F 3-7pm with 10% off all food items

COCKTAILS

1. Sun Mule	\$11.99
Orange Juice, ginger beer, peach juice, light rum, and orange wheel	
2. Vacation Rita	\$12.99
Strawberry Puree, coconut water, triple sec, tequila, lime juice	
3. Passion for home	\$12.99
Tequila, passion liqueur, coconut rum, pineapple juice, orange juice, ice, and orange half-moon (8 cut). With epsilon	
4. Busua	\$12.99
Pineapple juice, coconut water, strawberry (with sprout cut), triple sec, vodka, whipped cream, ice, and strawberry slice (4 cut).	
5. Purptini	\$12.99
cold brew hibiscus tea, simple syrup, vodka, lime juice, ice, and two picked grapes.	
6. West side	\$12.99
red blend wine, ginger beer, coconut rum, orange juice, ice, orange wheel, and cold brew hibiscus tea.	
7. Gold Coast	\$13.99
whiskey, orange juice, lime juice, peach juice, ice, and orange half-moon (8 cut)	
8. Masa	\$12.99
crumbled plantain chip, lime juice, simple syrup, Midori, coconut rum, pineapple juice, ice, and lemon-lime soda.	
9. Jahfiki	\$11.99
Pineapple juice, grenadine, maraschino Cherry, lime slice, lemon slice, coconut rum, ice, and blue Curacao	
10. LA-FRIK	\$12.99
Rum, Cold brew hibiscus tea, simple syrup, pineapple juice, ginger beer, lime juice, ice, and lime wheel(4cut) (garnished with Ghana flag)	

